



Elkhart



Kismet Southwestern Heights



Leoti Wichita County



High School League Schools

Cimarron USD #102 Elkhart USD #218 Johnson/Stanton County USD #452 Kismet/SWH USD #483 Lakin USD #215 Leoti/Wichita County USD #467 Meade USD #226 Sublette USD #374 Syracuse USD #494

Junior High League Schools

Cimarron USD #102 Dodge City/Sacred Heart Catholic School Elkhart USD #218 Johnson/Stanton County USD #452 Kismet/SWH USD #483 Lakin USD #215 Leoti/Wichita County USD #467 Meade USD #226 Sublette USD #374 Syracuse USD #494

Constitution Revised September 9, 2015



Dodge City Sacred Heart



Johnson Stanton County







Meade





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ARTICLE I: NAME

This organization shall be called the Hi-Plains League hereinafter referred to as the League.

ARTICLE II: PURPOSE

The purpose of this organization shall be to sponsor and regulate the following junior high and high school activities:

Football, Volleyball, Cross Country, Basketball, Wrestling, Track, Baseball, Softball, Golf, Art Festival, Speech and Drama Festival, Instrumental and Vocal Music Festival, Scholars Bowl, JH Math Contest, and/or other activities as the League may see fit to sponsor.

ARTICLE III: MEMBERSHIP

- This League shall consist of the following schools: Cimarron, Dodge City (Sacred Heart), Elkhart, Johnson (Stanton County), Lakin, Leoti (Wichita County), Meade, Kismet (Southwestern Heights), Sublette, and Syracuse.
- 2. New member schools may be added to the League in the following manner: The school desiring membership must present a written request to the League and two-thirds majority vote of the League membership is necessary to admit new members.
- Any member school desiring to drop its membership in the League may do so by submitting a request to the League on or before September 1st to become effective one year later.
- 4. All member schools must participate in 11-man football, volleyball, men's and women's basketball, and track. Each high school League team must play all other League teams at the varsity level with the exception of football. Each junior high school League team must play all other League teams at the "A" team level with the exception of football and volleyball. If a current League member school's enrollment decreases to where they will not be able to play 11-man football for a two-year cycle, that school must petition the League for an exception of this membership requirement for a term not to exceed two years.

ARTICLE IV: OFFICERS

 Officers of the League shall be a president, a vice-president, and a secretary-treasurer. The offices of president and vice-president must be an AD or principal of a League school. 2. Officers shall be elected for a one-year term at the March or April League meeting of each school year.

ARTICLE V: QUORUM

- 1. A quorum shall consist of a two-thirds majority of the member schools. Each member school is entitled to one vote.
- 2. All proposals must be approved by a two-thirds majority vote of League schools.

ARTICLE VI: MEETINGS

- 1. The League shall hold regular meetings during the school year.
- 2. Special League meetings may be called by the president. The president must call a special meeting when requested by two-thirds majority of the member schools.

ARTICLE VII: AMENDMENTS

- 1. This constitution may be amended by a two-thirds majority vote of the League member schools.
- 2. All proposed amendments must be discussed at a regular meeting prior to the meeting in which such proposal will be voted on.

ARTICLE VIII: BY-LAWS

- 1. All member schools of the League shall be members of the Kansas State High School Activities Association, in good standing, and shall be governed by the rules thereof.
- 2. The date and location of all League activities for the ensuing year will be determined no later than the April League meeting of the current year. A site or date, which affects only two schools, may be changed by mutual agreement of the two schools. A change in site or date or a cancellation involving more than two schools may be effected by action at a regular or special League meeting.
- 3. All League business shall be directed by the administrators of member schools.
- 4. Eighty (80) League passes will be issued to each high school member school. Passes are to be distributed by school administration. Passes are to read Mr. and Mrs.

______ and do not include the entire family. League passes are good for regular season activities only. League passes will not be accepted for tournaments.

5. Lifetime HPL-HS passes can be issued by schools and/or the HPL-HS league to those persons that the league and schools deem relevant. These lifetime passes will be accepted at all league-sponsored tournaments.

- In order for an activity or sport to be supported, recognized and/or sponsored by the League, one-half (1/2) of the league schools must participate in that particular activity or sport.
- 7. Participation in the junior high division of the League is limited to 7th and 8th grade students only.

ARTICLE IX: REGULATIONS OF LEAGUE-SPONSORED ACTIVITIES

1. ART FESTIVAL

I. HIGH SCHOOL RULES & REGULATIONS

A. GENERAL

1. The high school Art Festival will be held on the date agreed upon by the League administrators.

2. The host school will hire two judges and one demonstration judge (if needed) for the League Art Festival in the amount specified in Article XV.

3. Host school provides hospitality room.

B. ENTRIES

- 1. Entries may be submitted by art students in grades 9-12.
- 2. Projects can only be entered once in the League Art Festival. All work must be original.
- 3. Each school will be allowed 25 entries with no more than 3 entries per student.

4. Divisions: could include but are not limited to oil painting, water color painting/tempera, print making, acrylic painting, pen and ink or scratch board, pastel painting, pencil and charcoal drawing, graphics/photography/computer graphics, commercial art, textiles and batiks, fibers, ceramics, sculpture, decorative metals and lapidary, mixed media, and open class.

C. AWARDS

1. A total of 53 medals will be awarded at the league art festival.

II. JUNIOR HIGH RULES & REGULATIONS

A. GENERAL

1. A rotation schedule to host is to be set up by administrators for participating schools.

2. The host school will hire two judges for the League Art Festival in the amount

specified in Article XV.

- 3. The date for the festival will be held on the date agreed upon by the League administrators.
- **B. ENTRIES**
- 1. Entries may be submitted by students in grades seven and eight and must be chosen by each school's art instructor.
- 2. Work entered is not to exceed twenty-five (25) entries per school or three (3) entries per student.
- 3. Only original art should be entered in the following divisions
 - A. Opaque PaintingB. Transparent Painting
 - C. Colored Pencil
 - D. Graphite Pencil and Charcoal
 - E. Ink and Marker
 - F. Soft Pastel, Oil Pastel
 - G. Scratchboard
 - H. Printmaking
 - I. Fiber Arts and Textiles
 - J.Sculptures
 - K. Functional Ceramics
 - L. Mixed Media (2-D using more than one media)
 - M. Technology
 - N. Open Class
- 4. Entry blanks are to be placed on the lower right of the art work in the front. The 4 x
 - 4.5 entry will read:

HPL-JH ART FESTIVAL ENTRY CARD

Division Letter Division Nar Media	
Student Name School Name	Grade

To cover student name, fold up on dotted line, place in front of work in lower right-hand corner.

C. AWARDS

- 1. Forty-four (44) medals are to be awarded.
 - A. Best of Show in 2-D

B. Best of Show in 3-D

C. Medals are to be awarded for the top three (3) artworks in each category. If there are less than six (6) pieces of artwork in a category the judges can choose to give one (1) or two (2) medals out in that category.

- 2. A sticker should be placed on the winning awards for identification until awards are distributed.
- D. PROGRAM
- 1. An art activity or fun event should be planned by the host school.
- 2. The students may wear casual dress to participate in the event.
- 3. An award presentation will be the last event of the program.

2. BASEBALL

- A. GENERAL
- 1. League schedules for the ensuing year are to be determined no later than the April meeting of the current year.
- 2. All League schools must play all the other League teams at the varsity level.
- The regular season League champion will be determined by double headers scheduled during the regular season between member schools. League competition will be determined prior to the season.
- B. OFFICIALS
- 1. Umpires will be assigned by the host school for all games.
- 2. Two varsity umpires will be contracted for the amount specified in Article XV.
- C. LEAGUE PLAY
- 1. Varsity games are to start at 4:00 CST unless mutually agreed upon by the two schools involved.
- 2. League play will be completed prior to post-season playoffs.
- 3. Time between varsity games is not to exceed 20 minutes.
- 4. The game field shall be available to the visiting school 30 minutes before game time for infield and outfield practice. The home team shall begin their practice 15 minutes prior to the game time.
- 5. The host school shall provide game balls.
- JV games will be limited to 5 innings or have a time limit of 1¹/₂ hours. No inning can start after the 1¹/₂- hour time limit.

D. LEAGUE PLAY AWARDS

- 1. A first place shingle will be awarded.
- 2. All ties will be broken as per KSHSAA rules and regulations.
- E. ALL-LEAGUE TEAMS
- Each coach will submit a list of their players for all-league consideration to the League secretary, immediately after the last regular season contest. Individuals nominated for allleague will not be disclosed or released.
- 2. Coaches are not allowed to vote for their own players.
- 3. A coach or a representative must be present at the meeting for their players to receive consideration.
- 4. The coaches will vote for 10 players ranking them from 10 to 1 with 10 being ranked the best player in the league. The top 10 players with the most points will be designated 1st Team All-League. If there is a tie for the tenth spot, all tied players will be designated as 1st Team All-League. The player with the highest total of points will be designated as the Player of the Year. Medals will be awarded to 1st Team All-League and Player of the Year.
- After the 1st Team All-League members are selected, coaches will use the same format to determine 2nd Team All-League. HPL Certificates will be awarded to 2nd Team All-League.
- After 1st and 2nd All-League Teams have been determined, all other players who receive points will be named Honorable Mention. HPL Certificates will be awarded to Honorable Mention All-League.
- Coaches will make their All-League selections at the scheduled coaches' meeting. The all- league team(s) will not be announced or published until after the season has ended for ALL of the League schools.

3. BASKETBALL (Men's & Women's)

I. HIGH SCHOOL RULES & REGULATIONS

A. GENERAL

- 1. League schools must participate in men's and women's basketball, and each League team must play all the other League teams at the varsity level.
- 2. League schedules for the ensuing year are to be determined no later than the April meeting of the current year.

- 3. No visiting pep bands will be allowed during regularly scheduled League games unless by mutual consent between the two schools involved.
- **B. OFFICIALS**
- 1. Officials will be assigned by the League Commissioner for all varsity contests.
- 2. Three varsity officials will be contracted for the amount specified in Article XV.
- 3. Tournament officials will be contracted for the amount specified in Article XV.
- C. LEAGUE PLAY
- 1. Games are to be at 4:45 CST for the JV boys and the JV girls, 6:15 for "C" boys, 6:30 for the varsity girls, 7:45 for "C" girls, and 8:00 for the varsity boys.
- 2. Seniors are not allowed to play on sub-varsity teams unless mutually agreed upon.
- 3. League play will be completed prior to post-season playoffs.
- 4. Warm-up time prior to and between varsity games will be a minimum of 15 minutes.
- 5. Time limitations for preliminary games as per warm-up between halves, etc., are to be agreed upon by mutual consent.
- D. LEAGUE PLAY AWARDS
- 1. A first place shingle will be awarded in both divisions.
- 2. All ties are to be broken as per rules and regulations of the KSHSAA.
- E. HPL-HS BASKETBALL TOURNAMENT
- 1. The League will sponsor a varsity men's and a varsity women's tournament. All member schools will participate in the League tournament.
- Each school may list as many as 12 players and may play only 12 players. Once a player's name is in the official book, his/her name can be changed only with the permission of the Tournament Director.
- 3. Signs and banners may be used if they comply with KSHSAA requirements and are approved by the tournament manager.
- 4. Each member school will supply a tournament pass list to include: head and assistant basketball coaches and spouses; superintendents and spouses, high school principals and spouses, activities directors and spouses, board members and spouses, cheerleader sponsors, two bus drivers per school, team managers, and cheerleaders on nights their team plays. Ordinary league passes will not be honored for the League tournament.
- 5. Programs will be paid for by the League, the host school or GCCC furnishes ticket takers, scorekeepers, timers, security, hospitality, custodians, and building facilities.

- 6. The host school will receive 25% of the gate receipts for the first two days of the tournament. GCCC will receive 25% of the gate receipts and the concession receipts for the last three days.
- F. TOURNAMENT AWARDS
- 1. A traveling trophy and first-place shingle will be awarded to the winners.
- 2. Fifteen (15) medals will be presented to the first and second place teams.
- G. TOURNAMENT SEEDING
- 1. League teams are to be seeded on over-all varsity record up to the Saturday, which precedes the League tournament.
- 2. In case of ties, procedure will follow the guidelines established in the KSHSAA basketball manual.
- 3. Seeding will be held on the Saturday preceding the week of the tournament by the tournament director and host. School representatives are to call in records.
- 4. Player lists and other program materials will be in the hands of the tournament manager at least 10 days prior to the day of the seeding.
- 5. The tournament host has the discretion to assign home and visitor for each game as well as gym location and spectator seating assignments for Monday and Tuesday games. When teams are at Garden City Community College, the team on the top line of the bracket is to wear white uniforms, be the designated home team, have pre-game warm up at the basket to the left of the scorer's table, and sit on the bench to the right of the scorer's table.
- Game times for the first round games will be determined by tournament host.
 Consideration should be given for travel distance for both teams and teams from the same school scheduled to play at the same time.
- H. ARTIFICIAL NOISE MAKERS
- 1. Bands are not to play while the game is in progress and will follow the policy stated by the KSHSAA.
- 2. All artificial noisemakers are specifically prohibited including but not limited to megaphones, air-horns, cowbells, spirit sticks and similar devices.
- I. ALL-LEAGUE TEAMS

- Each coach will submit a list of their players for all-league consideration to the League secretary immediately after the last regular season contest. Individuals nominated for all-league will not be disclosed or released.
- 2. Coaches are not allowed to vote for their own players.
- 3. A coach or a representative must be present at the meeting for their players to receive consideration.
- 4. The coaches will vote for 6 players ranking them from 6 to 1 with 6 being ranked the best player in the league. The top 6 players with the most points will be designated 1st Team All-League. If there is a tie for the sixth spot, all tied players will be designated as 1st Team All-League. The player with the highest total of points will be designated as the Player of the Year. Medals will be awarded to 1st Team All-League and Player of the Year
- After the 1st Team All-League members are selected, coaches will use the same format to determine 2nd Team All-League. HPL Certificates will be awarded to 2nd Team All-League.
- After 1st and 2nd Teams All-League have been determined, all other players who receive points will be named Honorable Mention. HPL Certificates will be awarded to Honorable Mention All-League.
- Coaches will make their All-League selections at the scheduled coaches' meeting. The all- league team(s) will not be announced or published until after the season has ended for ALL of the League schools.

II. JUNIOR HIGH RULES & REGULATIONS

- A. LEAGUE PLAY
- 1. Each member school will follow the League schedule.
- 2. Home team will wear white color jersey.
- 3. League champion will be determined on a win/loss percentage by designated

league games.

- 4. Time between A and B game is ten (10) minutes.
- Order of games will be A-game, B-game, followed by "C" game/extra quarters if possible. Half-time for A- game is ten (10) minutes. Half-time for B and C games is five (5) minutes. A-games begin at 4:30.
- B. LEAGUE PLAY AWARDS

- 1. First place plates will be awarded to the winners in A and B divisions.
- 2. Ties will first be broken using the head to head tie breaker procedure. If ties still exist, each team will receive a first-place plate.
- C. HPL-JH LEAGUE BASKETBALL TOURNAMENT
- 1. The League will sponsor an A and B team division tournament.
- 2. The tournament will be seeded at the January League meeting. A roster of no more than 12 players will be submitted at this meeting for A-team girls and boys players. All other players may be on the B-team rosters. In cases of ineligibility, sickness or injury, a coach may substitute a player on the A-team roster. Once a player has been listed on the A-team roster, that player may not be moved to the B-team roster.
- 3. Signs and banners must be approved by the tournament host.
- 4. Admission will be \$3.00 for adults and \$2.00 for students for the first round, semifinals, and finals. Coaches, players, and managers that are a part of the team will be admitted free of charge. Adults listed on the HPL-JH pass gate list will also be admitted free of charge.

D. TOURNAMENT SEEDING

- 1. Seeding will be based upon the percentage of games won on the overall record of designated league games.
- 2. Ties will be broken as per KSHSAA rules and regulations. If KSHSAA guidelines do not address the tie-breaker procedure, the president, vice-president, and tournament host will break the tie.
- 3. Teams on the top of bracket are to wear white jerseys and will sit to the right of the scorers' table.
- E. TOURNAMENT AWARDS
- 1. First place plates will be awarded in A-team and B-team divisions.
- 2. Fifteen (15) medals will be presented to first and second place teams in both the A and B divisions.

4. **CROSS COUNTRY (Men's and Women's)**

I. HIGH SCHOOL RULES & REGULATIONS

- A. GENERAL
- 1. The League meet is to be held at least one week prior to the regional meet.

- 2. A rotation schedule to host is to be set up by administrators for participating schools.
- The League meet format is a coaches meeting at 3:45 p.m. Junior high races begin at 4:00 and high school races begin at 4:30. The host school will determine if the junior varsity and varsity high school races will be run separately due to large number of entries.
- 4. All guidelines established by the KSHSAA will be followed.
- 5. Host school provides hospitality and workers.
- 6. Each school will be limited to seven entries in the varsity races.
- B. AWARDS
- 1. A traveling trophy and first-place shingle will be awarded to the winners. All ties will be broken as per the KSHSAA rules and regulations.
- 2. Seven team medals (7) will be awarded to the first and second place team members in both divisions. Ten (10) medals will be awarded to the top individuals in both varsity divisions.
- C. ALL-LEAGUE TEAMS
- 1. Each coach will submit a list of their runners for all-league consideration to the League secretary immediately after the last regular season contest. Individuals nominated for all-league will not be disclosed or released.
- 2. Coaches are not allowed to vote for their own runners.
- 3. A coach or a representative must be present at the meeting for their runners to receive consideration.
- 4. The coaches will vote for 8 runners ranking them from 8 to 1 with 8 being ranked the best player in the league. The top 8 players with the most points will be designated 1st Team All-League. If there is a tie for the sixth spot, all tied runners will be designated as 1st Team All-League. The runner with the highest total of points will be designated as the Runner of the Year. Medals will be awarded to 1st Team All-League and Runner of the Year.
- After the 1st Team All-League members are selected, coaches will use the same format to determine 2nd Team All-League. HPL Certificates will be awarded to 2nd Team All-League.
- After 1st and 2nd All-League Teams have been determined, all other runners who receive points will be named Honorable Mention. HPL Certificates will be awarded to Honorable Mention All-League.

 Coaches will make their All-League selections at the scheduled coaches' meeting. The all- league team(s) will not be announced or published until after the season has ended for ALL of the League schools.

II. JUNIOR HIGH RULES & REGULATIONS

A. GENERAL

- 1. League meet is to be held in conjunction with the high school League meet.
- 2. Rotation of the League meet will follow the same rotation as the high school meet.
- 3. All guidelines established by the KSHSAA will be followed.
- 4. The host school will provide hospitality and workers.
- 5. Each school may enter as many athletes as they want.
- 6. Both 7th boys and 7th girls will run a distance of one (1) mile. Both 8th boys and 8th girls will run a distance of two (2) miles.
- B. AWARDS
- 1. Medals will be awarded to first through fifth place for all divisions.

5. FOOTBALL

I. HIGH SCHOOL RULES & REGULATIONS

A. GENERAL

- 1. League schedules are to be determined after the KSHSAA football classification is released.
- 2. At the League-scheduling meeting, if a League football schedule cannot be agreed upon, member schools will have priority over non-league opponents.
- 3. No visiting pep bands will be allowed during regularly scheduled league games unless by mutual consent between the two schools involved.
- **B. OFFICIALS**
- 1. Officials will be assigned by the League Commissioner for all varsity contests.
- 2. Five varsity officials will be contracted for the amount specified in Article XV.
- C. LEAGUE PLAY
- Starting time for League varsity football games will be 7:00 p.m., CST. Starting time for junior varsity games will be 6:00 p.m., CST. Starting times for KSHSAA district playoff games involving League schools will be determined by the district committees.

- 2. The HPL will use a modified running clock The clock will be a continuous running clock if there is a 45-point difference in the second half. Once that happens, the clock will continue to run the remainder of the game with following exceptions: time outs, injuries, change of possessions, after punts, after touch downs-clock will run during extra point, and after kickoffs.
- D. LEAGUE PLAY AWARDS

Individual medals will be awarded to players named to the All League First Team. Certificates will be awarded to players named to the All-League 2nd Team.

- E. ALL-LEAGUE TEAM
- Monday morning following the 9th playing date, each coach will send in their nominations with statistics from his team to the League secretary who will compile a ballot by position. Voting will take place at the scheduled coaches' meeting. Individuals nominated for all-league will not be disclosed or released.
- 2. Ten points will be allowed for each position. In cases where there are fewer than four players on the final ballot for a particular position, coaches may not allow any points for their own player and must award the maximum number of points available for the remaining player(s) on the ballot.
- The All-League team will be composed of both offense and defense first teams. The next high-vote recipients are to be designated as 2nd team.
- 4. Each offensive team will consist of the following members: one quarterback, four interior linemen, three backs, one center, two receivers, and one tight end.
- 5. Each defensive team will consist of the following members: three down linemen, three linebackers, two ends, and three defensive backs.
- 6. Specialty players will consist of the following members: one punter, one kicker, and one return man.
- Ten points will be awarded (5-3-2-) for each of these positions only. (Do not vote 20 points for ENDS because there are two ends-the top two ends-highest point getters will be All-League).
- 8. Points (VOTE FOR ONLY THREE):

Five for top selection at each position. Three for second selection at each position. Two for third selection at each position.

- 9. In case of ties for All League, those names will be voted on again until the tie is broken.
- 10. Runners-up (next highest point recipients) will be named "2nd Team."
- 11. A player may be nominated as many times as is deemed reasonable by the coach. (i.e. offense, defense, and specialty)
- 12. Coaches will not vote for their own players on final ballot.
- 13. The All-League team(s) will not be announced or published until after the season has ended for ALL of the League schools.

II. JUNIOR HIGH RULES & REGULATIONS

A. LEAGUE PLAY

- 1. Starting time for League games will 6:00 p.m.
- 2. League champions will be determined on a win/loss percentage. Schools that cannot play 11-man football games will forfeit any and all 8-man games played.
- 3. Home team will wear dark jersey color.
- 4. Tie breaker procedures as set forth by KSHSAA will be used.
- 5. The playing situation of the B-game will be at the discretion of the schools' administration and discussed on the Monday before the Thursday of the game.
- 6. League schedule will consist of seven games on a rotating basis.
- B. LEAGUE PLAY AWARDS
- 1. First place plate will be awarded.
- Individual medals will be awarded to all team members, managers, and coaches for the first and second place teams. All ties will be broken with the head to head tie breaker procedure used when possible. If two teams are still tied for first place, each will receive first place.
- C. OFFICIALS
- 1. Four officials will be used with one being certified.
- 2. Host school will assign all officials.

6. GOLF

- A. GENERAL
- 1. A League golf tournament will be scheduled by League administrators.
- 2. Starting time will be established by the host school.
- B. LEAGUE AWARDS

- 1. A traveling trophy and first-place shingle will be awarded to the winners. All ties will be broken as per KSHSAA rules and regulations.
- 2. Team medals will be awarded for first and second place teams. Ten (10) medals will be awarded to the top individuals.

7. MATH CONTEST

II. JUNIOR HIGH RULES & REGULATIONS

- 1. The math contest will consist of students from each league school. Four seventh grade students and four eighth grade students will compete. Competitors will complete three tests consisting of mental math, geometry, and problem solving.
- 2. Students must compete in their respective grade level division.
- Medals will be awarded to 1st through 6th places in both the 7th and 8th grade divisions on all three tests scored. Ties will be broken with a tiebreaker question or a coin flip for places 1st through 6th.
- 4. A team award will be given to the top scoring school in each division. This will be a cumulative total of each team member's placement on all three tests. The team with the highest number of points wins the league championship.
- 5. The writer of the math test questions will be paid \$250 by the HPL.

8. MUSIC - INSTRUMENTAL AND VOCAL (Festival)

I. HIGH SCHOOL RULES & REGULATIONS

- A. GENERAL
- 1. The date of the League Festival will be established at the April meeting.
- 2. Each school will be responsible for supervision of its homeroom.
- 3. Each school will be responsible for meeting the schedule of its large group performances first.
- 4. There will be unlimited entries for vocal solos, instrumental solos, vocal ensembles and instrumental ensembles. One entry each will be allowed in bands, mixed choirs and show groups. Show groups are considered show choirs and jazz bands.
- 5. Divisions for solos and ensembles shall conform to divisions set forth by the KSHSAA in regional and state music contests.
- 6. Scheduling considerations will be given to distance traveled and time zone.

- 7. Judges (not to exceed 8) for the League Music Festival will be contracted for the amount specified in Article XV.
- 8. The host school will furnish helpers, pianos, tuning, and hospitality room.
- B. AWARDS
- 1. Ratings will be awarded in the following manner: highest I, II, III, IV, V...lowest.
- 2. Vocal and instrumental solos awarded as I will receive a League medal.
- 3. Bands and choirs awarded an I rating will receive a League shingle.
- 4. Large ensembles awarded an I rating will receive a League shingle. Refer to KSHSAA Music Manual to determine the number required to be considered a large ensemble.
- 5. All members of small ensembles awarded an I rating will receive a League medal.
- 6. Only memorized vocal solos may be awarded an I rating.
- 7. Instrumental solos may use music during their performances.
- A vocal solo may not exceed 4 minutes. A vocal soloist may perform 2 selections if total time does not exceed 4 minutes.
- C. RATINGS
- 1. The following standards of the Five-Rating Plan will assist in arriving at ratings for performances:

a. Rating I--An outstanding performance, with few technical errors and exemplifying a truly musical expression. This rating should be reserved for the truly outstanding performance.

b. Rating II--An excellent performance in many respects, but not worthy of the highest rating due to minor defects in performance techniques, interpretation or ineffective use of existing instrumentation.

c. Rating III--An average performance, showing accomplishment and marked promise. Lacks one or more essential musical qualities, has musical weakness, and ineffectively uses existing instrumentation.

d. Rating IV--A poor performance with many technical errors, poor musical conception, lack of musical interpretation, ineffective use of existing instrumentation, and musically-- essential qualities seldom evident.

e. Rating V--An ineffective performance indicating major deficiencies in tone quality, intonation, balance, blend, musical expression, and effective use of existing

instrumentation. The fundamentals of good performance need careful attention. This rating should be used sparingly, citing ways to improve major problems.

II. JUNIOR HIGH RULES & REGULATIONS

A. GENERAL

- 1. Each school will be responsible for adult supervision of their home room.
- 2. Each school will be responsible for meeting the schedule of their large group performances first.
- 3. Small ensembles participant numbers regulated as per KSHSAA rules.
- 4. Each school is limited to a maximum of 2 bands and 2 large choir groups.
- 5. Each school may enter a maximum of 14 total combined solos and/or small ensembles for band and 14 total combined for vocal. Additional soloists or small ensembles, exceeding the maximum of 14, may be added to the schedule only if equal time slots are available for all schools.
- 6. Cancellations of performances must be made two weeks prior to the date of the festival except in the case of sickness of the student performer(s).
- B. AWARDS
- 1. Individual medals will be awarded for a I rating for solo performances and small ensembles only.

9. SCHOLARS BOWL

I. HIGH SCHOOL RULES & REGULATIONS

A. GENERAL

 Teams will participate in a round robin competition. There will be no final rounds. The winner will be the team with the best record. The following tie-breaking procedures will be used:

a. If a 2-way tie occurs for 1^{st} or 2^{nd} place, the tie is broken by determining which team won when they met during the round robin.

- b. If three or more teams tie, follow KSHSAA guidelines.
- 2. The host schools will be responsible for moderators, room judges, timers, scorers, and a panel of subject matter judges.
- 3. The host school will furnish a hospitality room.
- 4. Cost of the questions and the awards will be covered by the League. All other expenses will be covered by the host school.

- 5. Rules for competition and writing questions for the Scholars Bowl will follow the guidelines established by the KSHSAA. The host school is responsible for securing the questions for competition, and the League will reimburse the expense to the host school.
- B. AWARDS
- 1. A traveling trophy and a first-place shingle will be awarded to the first-place team.
- 2. Six (6) medals will be awarded to first and second place team members.

II. JUNIOR HIGH RULES & REGULATIONS

A. GENERAL

 Teams will participate in a round-robin competition. There will be no final rounds. The winner will be the team with the best record. The following tie-breaking procedures will be used:

a. If a 2-way tie occurs for 1^{st} or 2^{nd} place, the tie is broken by determining which team won when they met during the round robin.

- b. If three or more teams tie, follow KSHSAA guidelines.
- 2. The host schools will be responsible for moderators, room judges, timers, scorers, and a panel of subject matter judges.
- 3. The host school will furnish a hospitality room.
- 4. Cost of the questions and the awards will be covered by the League. All other expenses will be covered by the host school.
- 5. Rules for competition and writing questions for the Scholars Bowl will follow the guidelines established by the KSHSAA. The host school is responsible for securing the questions for competition, and the League will reimburse the expense to the host school.
- B. AWARDS
- 1. The first-place scholars bowl team shall receive a plate in "A" and "B" divisions.
- Six (6) individual medals will be awarded to the first and second place teams in "A" and "B" divisions.

10. SOFTBALL

- A. GENERAL
- League schedules for the ensuing year are to be determined no later than the April meeting of the current year.
- 2. All League schools must play all the other League teams at the varsity level.

- The regular season League champion will be determined by double headers scheduled during the regular season between member schools. League competition will be determined prior to the season.
- B. OFFICIALS
- 1. Umpires will be assigned by the host school for all games.
- 2. Two varsity umpires will be contracted for the amount specified in Article XV.
- C. LEAGUE PLAY
- 1. Varsity games are to start at 4:00 CST unless mutually agreed upon by the two schools involved.
- 2. League play will be completed prior to post-season playoffs.
- 3. Time between varsity games is not to exceed 20 minutes.
- 4. The game field shall be available to the visiting school 30 minutes before game time for infield and outfield practice. The home team shall begin their practice 15 minutes prior to the game time.
- 5. The host school shall provide game balls.
- 6. JV games will be limited to 5 innings or have a time limit of 1¹/₂ hours. No inning can start after the 1¹/₂- hour time limit.
- D. LEAGUE PLAY AWARDS
- 1. A first place shingle will be awarded.
- 2. All ties will be broken as per KSHSAA rules and regulations.
- E. ALL-LEAGUE TEAMS
- Each coach will submit a list of their players for all-league consideration to the League secretary, immediately after the last regular season contest. Individuals nominated for allleague will not be disclosed or released.
- 2. Coaches are not allowed to vote for their own players.
- 3. A coach or a representative must be present at the meeting for their players to receive consideration.
- 4. The coaches will vote for 10 players ranking them from 10 to 1 with 10 being ranked the best player in the league. The top 10 players with the most points will be designated 1st Team All-League. If there is a tie for the tenth spot, all tied players will be designated as 1st Team All-League. The player with the highest total of points will be designated as the

Player of the Year. Medals will be awarded to 1st Team All-League and Player of the Year.

- After the 1st Team All-League members are selected, coaches will use the same format to determine 2nd Team All-League. HPL Certificates will be awarded to 2nd Team All-League.
- After 1st and 2nd All-League Teams have been determined, all other players who receive points will be named Honorable Mention. HPL Certificates will be awarded to Honorable Mention All-League.
- Coaches will make their All-League selections at the scheduled coaches' meeting. The all- league team(s) will not be announced or published until after the season has ended for ALL of the League schools.

11. SPEECH AND DRAMA CHAMPIONSHIP TOURNAMENT

- A. General
- Unless otherwise stated by the league, the tournament will be regulated by all KSHSAA rules.
- 2. The tournament will be held prior to the Regional Festival.
- 3. The tournament shall meet all KSHSAA requirements for qualifying participants for state competition.
 - a. Seven Teams must participate.
 - b. In the event that 7 league teams are not able to participate, the league will invite additional schools as needed to participate so that the tournament is a qualifying tournament.
 - c. Non-League schools will pay a flat fee of \$50.
 - d. Non-League schools may only bring students who have NOT QUALIFIED for state championship events this season.
 - e. Non-League schools will provide judges based on KSHSAA guidelines:

i.	1-6 entries	one judge
ii.	7-12 entries	two judges
iii.	12-16 entries	three judges

f. Non-League schools may participate for individual awards, but may not compete for SWEEPS awards.

- 4. Finalized entries will be sent to the host school no later than one week prior to the event.
 - a. Schools will be limited to 24 entries total, with no more than 4 entries in a single event.
 - b. The top 16 entries in each round will be counted for sweeps.
 - c. Students may only compete in two events only one can be a draw event.
- 5. The host school shall serve as the manager of the tournament.
- 6. The tournament manager shall be primarily responsible for creating a program, scheduling events, scheduling judges, making room assignments, arranging for lunch, and taking care of any financial transactions involving the tournament.
 - a. The host school shall set a meeting date and time at a central location prior to the tournament for the participating coaches to help with scheduling.
 - b. The Tournament shall begin at 8:00 and the Draws shall begin at 7:30 am.
 - c. There will be three preliminary rounds in the morning and one final round in the afternoon.
 - d. There shall be no more than 7 competitors in a preliminary round section.
 - e. No fewer than six shall compete in each event in order to meet the KSHSAA's requirements for state qualification.
 - f. No competitor shall meet another competitor from his or her school in a preliminary round. The exception might be if fewer than 8 are entered in an event.
 - g. The tournament manager will submit a plan for Extemporaneous Speech Questions and a list of IDA Draws to be used for League member school approval at the planning meeting. Finalized lists will be sent one week prior to the tournament.
- 7. Judges:
 - a. League Championship Tournament Judges (not to exceed fifteen) will be contracted for the League tournament for the amount specified in Article XV.
 - b. Paid judges shall be contacted by the host school based on the recommendations of League Member Schools.
 - c. Each school shall furnish 2 qualified, experienced judges. If a school enters more than 16 entries, an additional school judge will be furnished. In the

event that a school cannot provide the necessary judges, it cannot enter the tournament.

- d. No judge shall hear the same student in the same event more than once in preliminary rounds.
- e. No school judge will hear a student from his or her own school/town.
- f. Final rounds shall have three judges per event.
- g. There will be a paid judge for each event in the final round.
- 8. Timers shall be provided by the host school in IDA and Extemp during the preliminary rounds and finals.
 - a. Timers will follow timekeeping guidelines as outlined in the KSHSAA Speech Manual.
- 9. All performances in a section will be ranked from first to last at the end of each round. Judges will also assign quality points to each performance.
- 10. The coaches will manage the tab room.
- 11. Coaches will be allowed to pick up ballots to take home at the conclusion of the tournament. No students, sponsors, judges, or parents are allowed in the tab room to review ballots. Only district-hired coaches and assistants may enter and review ballots during competition.
- 12. One-Act Plays:
 - a. The One-Act Plays shall be performed once.
 - b. The One-Act Play event shall be held the night before the individual events tournament at the host site.
 - c. One Act Plays will require a minimum of three (3) schools entering.
- B. AWARDS
- 1. A first place shingle will be awarded.
- 2. A shingle will be given for the 1st place one-act play.
- 3. Medals will be presented for places (1st-6th) in each of the following events:
 - a. Duet Acting (2 sets of 6)
 - b. Improvised Duet Acting (IDA) (2 sets of 6)
 - c. Humorous Solo Acting
 - d. Serious Solo Acting
 - e. Original Oration
 - f. Extemporaneous Speaking
 - g. Informative Speaking

- h. Prose Interpretation
- i. Poetry Interpretation
- j. Impromtu
- 4. Medals will be given to all participants in the 1st place One-Act Play.
- C. POINTS

Participating coaches shall tabulate results. No student shall see ballots until the tournament awards have been presented.

	Prelims	Finals
1 st rank	5	11
2 nd rank	4	10
3 rd rank	3	9
4 th rank	2	8
5 th rank	1	7
6 th rank	1	7
All other ranks	1	6

No points shall be given for the One-Act Plays.

12. TRACK (Men's & Women's)

I. HIGH SCHOOL RULES & REGULATIONS

- A. GENERAL
- 1. All track meets will follow the rules and regulations established by the KSHSAA.
- B. DIVISION MEET
- 1. The League will schedule one division track meet per year.
- 2. League division track meets are to have a 4:00 CST starting time.
- 3. All member schools must send their varsity team to their assigned division track meet.
- C. DIVISION MEET AWARDS
- 1. First through third (1st-3rd) place medals will be awarded for individual track and field event in both men's and women's divisions. First place medals will be awarded in relays.
- D. LEAGUE TRACK MEET
- The League Meet will be held one week prior to the regional meet. In case of inclement weather or postponement of the league meet, the meet will be moved to the following Monday.
- 2. Men's and women's meets will be held at the same site and at the same time.
- 3. There will be no admission charge for the League Meet.

- 4. All events will coincide with the KSHSAA regional and state events.
- 5. The League Commissioner will assign the starter(s) for the League Track Meet and will be contracted for the amount specified in Article XV.
- 6. Host school furnishes hospitality room.
- 7. Each school will provide workers for one field event as assigned by the host school. The host school will provide additional workers as needed.
- E. LEAGUE TRACK MEET AWARDS
- 1. First through sixth $(1^{st}-6^{th})$ place medals will be awarded for individual track and field events and first through third $(1^{st}-3^{rd})$ in relays in both the men's and women's division.
- 2. A traveling trophy and first-place shingle will be awarded to the winners. All ties will be broken as per KSHSAA rules and regulations.
- F. LEAGUE MEET ENTRIES
- 1. Men: Three (3) entries per school, per event, and one (1) relay per school.
- 2. Women: Three (3) entries per school, per event, and one (1) relay per school.
- G. ALL-LEAGUE TEAMS
- Each coach will submit a list of their nominees for all-league consideration to the League secretary the Friday before the league track meet. Individuals nominated for all-league will not be disclosed or released.
- 2. Coaches are not allowed to vote for their own track participants.
- 3. Coaches must submit their ballots to the host school at the end of the league track meet when picking up their award packets.
- 4. The coaches will vote for 15 track participants ranking them from 15 to 1 with 15 being ranked the best participants in the league. The top 15 participants with the most points will be designated 1st Team All-League. If there is a tie for the fifteenth spot, all ties will be designated as 1st Team All-League. The track participant with the highest total of points will be designated as the Track Athlete of the Year. Medals will be awarded to 1st Team All-League and Track Athlete of the Year .
- After the 1st Team All-League members are selected, the next fifteen high-vote recipients are designated as 2nd team. HPL Certificates will be awarded to 2nd Team All-League.

- 6. After 1st and 2nd All-League Teams have been determined, all other participants who receive points will be named Honorable Mention. HPL Certificates will be awarded to Honorable Mention All-League.
- 7. The all- league team(s) will not be announced or published until after the season has ended for ALL of the League schools.

II. JUNIOR HIGH RULES & REGULATIONS

- A. GENERAL
- 1. League division meets start at 4:00 p.m. except on <u>Maundy Thursday</u> which will begin at 2:00 p.m.
- 2. Running events will begin no sooner than thirty (30) minutes after the beginning of the field events.
- 3. The 3,200 meter run will be scheduled at the same time as the start of the field events.
- 4. Schools will be limited to four (4) entries per school per event except relays which will be limited to one (1) per school. There will be team scoring for these meets.
- 5. Schools will provide two meet workers when requested by the host school.
- 6. Entries may be substituted or scratched at the finish line, but not added.
- **B. DIVISION AWARDS**
- 1. Medals will be awarded for first through third places individual events. First place medals will be awarded in relay races.
- C. LEAGUE MEET
- 1. Girls and boys meet to be held at the same site and at the same time.
- 2. Schools will be limited to three (3) entries per school per event except relays which will be limited to one (1) per school.
- 3. The League track meet will be held on a Saturday whenever possible. Starting time will be 10:00 a.m. CST for field events. Running events will begin at 1:00 p.m.
- 4. Entries may be substituted or scratched at the finish line, but not added.
- 5. The 3,200 meter run will be scheduled at 10:00 a.m.
- 6. Host school will assign two (2) starters and the starters will be paid according to Article XV.
- 7. Each school will provide workers for one field event as assigned by the host school. The host school will provide additional workers as needed.

D. LEAGUE MEET AWARDS

- 1. Plates will be awarded for first place in each division.
- 2. Medals will be awarded for first through sixth places in individual events.
- 3. Medals will be awarded for first through third places in relays.

13. VOLLEYBALL

I. HIGH SCHOOL RULES & REGULATIONS

A. GENERAL

- 1. All League matches will be assigned by the league.
- 2. The KSHSAA approved scoring will be used for all matches. Scoring for sub-

varsity games will be agreed upon by participating schools. There will be varsity and junior varsity games using the format as follows:

Four-Net Quadrangular (Recommended Format)

(Time Net 1 Net 2 Net 3 Net 4	(Time
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5:00	JV	JV	V	V
6:00	JV	JV	V	V
7:00	JV	JV	V	V

Three-Net Quadrangular (Recommended Format)

Time	Net 1	Net 2	Net 3
4:00	JV	JV	
5:00	V	V	JV
6:00	V	V	JV
7:00	V	V	JV
			JV

Two-Net Triangular (Recommended Format)

Time	Net 1	Net 2
5:00	V	JV
6:00	V	JV
7:00	V	JV

Teams that travel the greatest distance should play the host school the first game.Teams that travel the shortest distance should play the host school the last game.Warm up will follow the KSHSAA recommended procedure. Schools are encouraged to have the coin-toss for all matches prior to the first match in order to

speed up play.

B. OFFICIALS

1. Officials will be assigned by the League Commissioner for all varsity contests.

2. Two varsity officials per varsity court(s) used will be contracted for the amount specified in Article XV.

C. LEAGUE PLAY AWARDS

A first place shingle will be awarded to the top finisher in regular season League play. All ties will be broken as per KSHSAA rules and regulations.

D. LEAGUE VOLLEYBALL TOURNAMENT

 The tournament will use a ten-team Pool-Play format. Pool play will be held on a Saturday with the top two teams in each pool advancing to the semi-finals and finals.
 Pool play seeding will be assigned follows: Pool A will consist of the number 1, 4, 5, 8 & 9 place seeds. Pool B will consist of the number 2, 3, 6, & 7 place seeds.

2. KSHSAA approved scoring will be used for all matches.

3. League standings will be used for seeding of the League Tournament. In case of ties, the KSHSAA tie-breaking procedures will be used.

4. Each member school will supply the HPL tournament pass gate list to the host school. League passes will not be honored for the League Tournament.

5. Officials will be contracted by the League Commissioner for the amount specified in Article XV. Rotation of the officials will be established by the League Commissioner.

6. Programs will be paid by the League. The host school furnishes all workers and hospitality room.

- 7. The host school will receive 25% of the gate receipts.
- E. AWARDS
- 1. A traveling trophy and a first place shingle will be awarded to the winner.
- 2. Fifteen (15) medals will be presented to the first and second place teams.
- F. ALL-LEAGUE TEAM SELECTION

1. Each coach will submit a list of their players for all-league consideration to the League secretary on the Wednesday before the league tournament. Individuals nominated for all-league will not be disclosed or released.

2. Coaches are not allowed to vote for their own players.

- 3. A coach or a representative must be present at the meeting for their players to receive consideration.
- 4. The coaches will vote for 7 players ranking them from 7 to 1 with 7 being ranked the best player in the league. The top 7 players with the most points will be designated 1st Team All-League. If there is a tie for the seventh spot, all tied players will be designated as 1st Team All-League. The player with the highest total of points will be designated as the Player of the Year. Medals will be awarded to 1st Team All-League and Player of the Year.
- After the 1st Team All-League members are selected, coaches will use the same format to determine 2nd Team All-League. HPL Certificates will be awarded to 2nd Team All-League.
- After 1st and 2nd All-League Teams have been determined, all other players who receive points will be named Honorable Mention. HPL Certificates will be awarded to Honorable Mention All-League.
- 7. The all- league team(s) will not be announced or published until after the season has ended for ALL of the League schools.

II. JUNIOR HIGH RULES & REGULATIONS

B. LEAGUE PLAY

- 1. All teams will play a minimum of seven (7) league matches.
- 2. HPL-JH League volleyball matches will start at 4:30 p.m. CST.
- 3. The League encourages the use of two nets for volleyball matches with A and B teams playing simultaneously. If two nets cannot be incorporated for a member school, the A-team match will be played first followed by the B-team match.
- 4. All matches will be played and scored in accordance to the KSHSAA specifications.
- 5. Time between matches shall not exceed ten minutes when one net is used.
- 6. League champions will be determined on win/loss percentage.

B. OFFICIALS

- 1. Host school will assign all officials.
- 2. At least one of the officials should be certified.

C. LEAGUE PLAY AWARDS

1. First place plate will be awarded to the winner in the A and B divisions.

2. Duplicate awards will be given to each member school in the case of ties.

D. LEAGUE TOURNAMENT

- 1. The League will sponsor an A and B division tournament.
- 2. A roster of no more than 12 players will be submitted for A-team. All other players may be on the B-team roster. In cases of ineligibility, sickness or injury, a coach may substitute a player on the A-team roster. Once a player has been listed on the A-team roster, that player may not be moved to the B-team roster.
- 3. The tournament will be set up in a pool play format.
- 4. Admission will be \$3.00 for adults and \$2.00 for students for pool play and finals. Individuals listed on the HPL-JH pass gate list will be admitted free of charge.

E. TOURNAMENT SEEDING

- 1. Teams will be grouped into two pools.
- 2. Each school must submit their A-team and B-team rosters to the host schools on the Monday prior to the tournament by 10:00 a.m. CST.
- 3. Each division will have a two-pool round robin using the scoring and match play as approved by the KSHSAA. The "A" teams from league schools will be seeded for the tournament. Pool 1 will consist of the #1, #4, #5, #8, and #9 ranked teams. Pool 2 will consist of the #2, #3, #6, #7, and #10 ranked teams. Host schools for pool play have been determined on the league rotation schedule. If a host school is not seeded in the pool that they are to host, the seeding will be changed in the fairest way possible to insure they play in their own gyms. The "B" teams will have the same rankings as the "A" teams for the league tournament. The first and second place teams out of each pool will advance to match play in the semi-finals. The first place team from Pool 1 will play the second place team from Pool 2. The first place team from Pool 2 will play the second place team from Pool 1. The losing teams will then play for third place and the two winning teams will play for the championship.
- 4. Ties in pool play will be broken as per the KSHSAA Volleyball Manual.

F. TOURNAMENT AWARDS

- 1. First place plates will be awarded in A-team and B-team divisions.
- 2. Fifteen (15) medals will be presented to first and second places teams in both A and B divisions.

14. WRESTLING

I. HIGH SCHOOL RULES & REGULATIONS

A. GENERAL

- The tournament will be held on the Thursday of the week prior to the KSHSAA Regional Wrestling Tournament beginning 4:00 p.m. Hospitality room will be provided by the host school. The tournament will be known as the "Hi-Plains Classic." The tournament will be run in a round-robin format. Coaches must submit their official weigh-in sheet by 8:00 a.m. on the tournament date. Coaches will not be allowed to make changes at the coaches meeting by moving wrestlers from one weight class to another. The round-robin schedule and matches will be determined by the official weigh-in sheet.
- The League keeps gate receipts; host school will keep concession receipts and will receive 25% of the gate receipts.
- B. SCORING

1. Team scoring will be based on the placement of each individual in each weight class.

First Place= 14 points Second Place = 10 points Third Place = 7 points Fourth Place = 4 points

- 2. In addition, team bonus points would also be accumulated by the following: Pin = 2 points
 Technical Fall (15 or more) = 1½ points
 Major Decision (8-14) = 1 point
- 3. The League Champion will be decided by the team that has the most points.
- a. Team score ties will be broken according to the following:
 - i. Most Individual Champions
 - ii. Most Medalists
- b. Individual medalists will be determined by record. In case of ties, the winner will be determined based on the following criteria:
 - i. Head to Head Competition
 - ii. Bonus Points (as defined above)

- iii. Most pins
- iv. Most 3 point near falls
- v. Most takedowns
- vi. Most escapes

C. AWARDS

1. Medals will be awarded for first, second, and third place in each weight class approved by KSHSAA.

- 2. A first place shingle will be awarded.
- 3. All ties will be broken as per KSHSAA rules and regulations.
- D. OFFICIALS
 - 1. The host school will assign officials.

II. JUNIOR HIGH RULES & REGULATIONS

A. GENERAL

- 1. The HPL-MS League Tournament will be held on the second Friday in March.
- 2. Hospitality room will be provided by the host school.
- 3. KSHSAA rules will apply, as well as the NFHS Wrestling rules.
- 4. Weight classes as per KSHSAA Manual.
- 5. The tournament will be run in a round-robin format. The round-robin schedule and matches will be determined by the official weigh-in sheet.
- 6. Extra wrestlers may be allowed to wrestle separate from the scoring wrestlers either on a separate mat or during a separate round.

C. SCORING

- 1. Team scoring will be based on the placement of each individual in each Weight class.
 - a. First place 14 points
 - b. Second place 10 points
 - c. Third place 7 points
 - d. Fourth place -4 points
- 2. In addition, team points would also be accumulated by the following:
 - a. Pin 2 points
 - b. Technical Fall (15 or more points) $-1\frac{1}{2}$ points
 - c. Major Decision (8 14 points) 1 point

- 3. League champion will be the team with the most points.
 - a. Team tie will be broken according to the following
 - i. Most Individual Champions
 - ii. Most Medalists
 - b. Individual medalists will be determined by record. In case of ties, the winner will be determined based on the following criteria:
 - i. Head to head competition
 - ii. Bonus points (as defined above)
 - iii. Most pins
 - iv. Most 3 point near falls
 - v. Most takedowns
 - vi. Most escapes

D. AWARDS

- 1. Medals will be awarded for first, second, third, and fourth place in each weight class.
- 2. First place plates will be awarded.
- E. OFFICIALS
- 1. The host school will assign officials and will be reimbursed by the League.

ARTICLE X: LEAGUE COMMISSIONER

A. GENERAL

- 1. The League Commissioner will be contracted by a two-thirds majority vote of League member schools.
- 2. The contract is as added as Appendix B to this constitution.

ARTICLE XI: HI-PLAINS AWARDS

I. HIGH SCHOOL RULES & REGULATIONS

A. ACADEMIC ALL-LEAGUE

- 1. CERTIFICATES
 - a. All-League
 - b. Honorable Mention All-League
- **B.** ART
- 1. MEDALS

a. A total of 53 medals will be awarded.

C. BASEBALL

- 1. MEDALS
 - a. Ten (10) medals will be presented to the All-League recipients.
 - b. One (1) Player of the Year medal will be awarded.

2. CERTIFICATES

a. One each up to ten (10) to 2^{nd} team members and honorable mention All-League.

3. SHINGLES

a. A first place shingle will be awarded

D. BASKETBALL

1. MEDALS

a. Fifteen (15) medals each for first and second place men's and women's divisions in the League basketball tournament.

- b. All-League Team Six (6) medals for men's division.
- c. All-League Team Six (6) medals for women's division.
- d. Two (2) Players of the Year medals for man and woman

2. CERTIFICATES

a. One each up to six (6) to 2^{nd} team members in men's and women's divisions and honorable mention All-League.

3. CHAMPIONSHIP TROPHIES FOR HPL BASKETBALL TOURNAMENT

- a. Traveling trophies for men's and women's divisions.
- 4. SHINGLES

a. League champions: A first place shingle will be awarded in men's and women's divisions.

b. Hi-Plains League Tournament: A first place shingle will be awarded in men's and women's divisions.

E. CROSS COUNTRY

1. MEDALS FOR HPL CROSS COUNTRY MEET

a. Seven (7) for first and second place team members in men's and women's divisions.

b. First through tenth place medals for top ten individual finishers in men's and women's divisions.

c. Eight (8) medals for men's and women's All-League Team

d. Two (2) Runners of the Year medals for one man and one woman.

2. CERTIFICATES

a. One each up to eight (8) to 2^{nd} team members in men's and women's divisions and honorable mention All-League.

3. CHAMPIONSHIP TROPHIES FOR HPL CROSS COUNTRY MEET

- a. Traveling trophies for men's and women's divisions.
- 4. SHINGLES
 - a. A first place shingle will be awarded in men's and women's divisions.

F. FOOTBALL

1. MEDALS – All League

a. One each for twelve (12) offensive, eleven (11) defensive, and three (3) special team members as listed in Section I (All-League team members).

2. CERTIFICATES

a. One each for twelve (12) offensive, eleven (11) defensive, and three (3) special team members that are the next top-vote recipients.

G. GOLF

1. MEDALS FOR HPL GOLF TOURNAMENT

- a. Six (6) medals will be given for first and second place teams.
- b. Ten medals will be given in varsity competition.

2. CHAMPIONSHIP TROPHY FOR HPL GOLF TOURNAMENT

a. Traveling trophy for men's division.

3. SHINGLES

a. A first place shingle will be awarded.

H. MUSIC

1. MEDALS

a. Medals will be awarded for I ratings in solos and small ensembles. (Number given by host school)

I. SCHOLARS BOWL

- 1. MEDALS
 - a. Six medals will be awarded to first and second place teams.

2. CHAMPIONSHIP TROPHY FOR HPL SCHOLARS BOWL TOURNAMENT

a. Traveling trophy for first place team.
3. SHINGLES

a. A first place shingle will be awarded.

J. SOFTBALL

1. MEDALS

- a. Ten (10) medals will be presented to the All-League recipients.
- b. One (1) Player of the Year medal will be awarded

2. CERTIFICATES

a. One each up to ten (10) to 2^{nd} team members and honorable mention All-League.

3. SHINGLES

a. A first place shingle will be awarded.

K. SPEECH AND DRAMA

1. MEDALS

- a. One each for members of the One-Act Play
- b. First, second, third, fourth, fifth, and sixth in each of the following:

D.A.-2 sets of first through sixth

I.D.A.-2 sets of first through sixth

Inf.

0.0.

Extemp.

D.S.A.

Prose

Poetry

H.S.A.

Impromtu

2. SHINGLES

- a. A first place shingle will be awarded.
- b. A first place shingle will be awarded for the One-Act Play.

L. TRACK AND FIELD (DIVISIONAL)

1. MEDALS

a. First, second, and third in field and running events. First place only in relays.

M. TRACK AND FIELD (LEAGUE MEET)

1. MEDALS

a. First through sixth in field and running events approved by the KSHSAA in men's and women's divisions. First through third for relays.

b. Fifteen (15) medals for men's and women's All-League Team will be awarded

c. Two (2) Track Participants of the Year medals for one man and one woman will be awarded.

2. CHAMPIONSHIP TROPHIES FOR HPL TRACK MEET

- a. Traveling trophy for men's division.
- b. Traveling trophy for women's division.

3. SHINGLES

a. A first place shingle will be awarded in men's and women's divisions.

N. VOLLEYBALL

1. MEDALS

a. Medals (15) will be presented to the first and second place teams in the League tournament.

- b. Medals (7) awarded to regular season All-League recipients.
- c. One medal awarded to Player of the Year.

2. CERTIFICATES

- a. One each up to twelve (12) to 2^{nd} team members and honorable mention All-League.
- 3. CHAMPIONSHIP TROPHY FOR HPL VOLLEYBALL TOURNAMENT
 - a. Traveling trophy for first-place team.
- 4. SHINGLES
 - a. A first place shingle will be awarded for regular season.
 - b. A first place shingle will be awarded for League Tournament.

O. WRESTLING

- 1. MEDALS
 - a. First, second, and third place in each weight class.

2. CHAMPIONSHIP TROPHY FOR HPL CLASSIC

a. Traveling trophy for first place team.

3. SHINGLES

a. A first place shingle will be awarded.

II. JUNIOR HIGH RULES & REGULATIONS

A. ART

1. MEDALS

a. A total of 44 medals will be awarded. Best of Show in 2D and Best of Show in 3D are a part of the total.

B. BASKETBALL

1. PLATES

a. First place plates will be awarded in boy's and girl's A and B Divisions for the league tournament.

2. MEDALS

a. Fifteen first and second place medals will be awarded in boy's and girl's A and B Divisions.

C. CROSS COUNTRY

1. MEDALS

a. First through fifth place medals will be awarded in 7th girls, 7th boys, 8th girls, and 8th boys races.

D. FOOTBALL

1. PLATES

a. First place plate will be awarded. (In case of a tie, both teams will receive a plate.)

2. MEDALS

a. First and second place medals will be awarded to team members, managers, and coaches. (Number to be given by individual schools)

E. MATH

1. PLATE

a. First place plate will be awarded.

2. MEDALS

a. First through sixth place medals will be awarded in all three (3) categories for each grade level.

- F. MUSIC
- 1. MEDALS

a. Medals will be awarded for I ratings in solos and small ensembles. (Number given by host school)

G. SCHOLARS BOWL

- 1. PLATE
 - a. First place plate will be awarded for "A" team and "B" team
- 2. MEDALS

a. Six (6) medals will be awarded to the first and second place teams in "A" and "B" divisions.

H. TRACK AND FIELD (DIVISIONAL)

1. MEDALS

a. First, second, and third medals will be awarded in field and running events. First place only in relays.

I. TRACK AND FIELD (LEAGUE MEET)

1. PLATE

a. First place plates will be awarded for 7th girls, 7th boys, 8th girls, and 8th boys divisions.

2. MEDALS

a. First through sixth in field and running events. First through third for relays.

J. VOLLEYBALL

- 1. PLATE
 - a. First place plates will be awarded for A and B divisions for league tournament.
- 2. MEDALS
 - a. Fifteen (15) first and second place medals will be awarded for A and B divisions.

K. WRESTLING

- 1. PLATE
 - a. A first place plate will be awarded.
- 2. MEDALS
 - a. First through fourth place medals will be awarded in each weight class.

ARTICLE XII: REIMBURSEMENT OF EXPENSES FOR ALL HIGH SCHOOL AND JUNIOR HIGH ACTIVITIES

The League will reimburse member schools the reasonable expense of the hospitality room and/or meals for league-sponsored events that are not on a rotating basis where all schools are

participating. The League will also reimburse host schools for the cost of officials as per the constitution. The host schools will receive 25% of the gate receipts for the tournaments as per the constitution. Programs will be paid for by the League for those activities that are not on a rotating basis.

ARTICLE XIII: ROTATION SCHEDULE

A League rotation schedule will be adopted and affixed as Appendix C to this constitution.

Be it noted that a school may defer for two years its turn to host a league event pending completion of facilities, etc. Having declined the previous, a school must host a scheduled event or forfeit its turn in the rotation schedule. With agreement of a majority of league schools, a member school may forfeit its turn in the rotation schedule for any league event.

ARTICLE XIV: LEAGUE ADMISSION CHARGES I. HIGH SCHOOL RULES & REGULATIONS

- A. Admission charges to varsity football, volleyball, basketball and wrestling contests will be \$3.00 for students (K-12) and \$4.00 for adults. No admittance will be charged for non-varsity contests when their event is the only contest of the session.
- B. Admission to the League basketball, wrestling, and volleyball tournaments will follow the KSHSAA admission price guidelines.

II. JUNIOR HIGH RULES & REGULATIONS

- F. There are no admission charges for regular season activities.
- G. Admission to the League volleyball, basketball, and wrestling tournaments will be \$3.00 for Adults and \$2.00 for K-12 students. HPL-HS passes are not accepted at junior high activities.

ARTICLE XV: ALL-LEAGUE ACADEMIC SELECTIONS I. HIGH SCHOOL RULES & REGULATIONS

- A. Purpose
 - 1. Reward student athletes who combine excellence in both athletics and academics.

2. Make the public aware that the youngsters who represent our schools in athletic endeavors are also responsible classroom participants.

B. Eligibility Requirements

All student athletes and managers that earn a Varsity Letter will be named to the team in this manner:

1. All Varsity Letter Persons with a cumulative GPA of A- or better shall be named All-League.

2. All Varsity Letter Persons with a cumulative GPA of B- to B+ shall be named as Honorable Mention.

- C. Selection
 - 1. Cumulative grade point average will be determined on and including the last semesters' grading period.
 - 2. Freshmen involved in a fall sport will use the previous 6 or 9 weeks grades.
 - 3. GPA's will be accumulated in accordance to each member schools GPA policy.

ARTICLE XVI: PAYMENT OF OFFICIALS

I. HIGH SCHOOL RULES & REGULATIONS

A. ART FESTIVAL

Judges not to exceed three, one of the three to be a demonstration judge, for the League Art Festival may be contracted for \$100.00 each plus mileage of 50 cents per mile, one-way for each driver.

B. BASEBALL

Two varsity officials will be contracted for \$100.00 for a double header. Mileage to be paid is \$25 for one driver.

C. BASKETBALL

- 1. Three varsity officials will be contracted for \$110 each for working both girls and boys varsity contests. Mileage to be paid is \$25 for one driver.
- 2. Tournament officials will be contracted for \$55 per game. Mileage to be paid is \$25 for one driver of each crew.

D. CROSS-COUNTRY

Host school is responsible for scheduling and payment of starter for League cross-country meet.

E. FOOTBALL

Five varsity officials will be contracted for \$90. Mileage to be paid is \$25 for one driver.

F. INSTRUMENTAL & VOCAL FESTIVAL

Judges for the League Music Festival may be contracted for \$125.00 each plus mileage of 50 cents per mile one-way for each driver and room and board if necessary.

G. SOFTBALL

Two varsity officials will be contracted for \$80 for a double header. Mileage to be paid is \$25 for one driver.

H. SPEECH & DRAMA

Judges (not to exceed fifteen) for the League Tournament may be contracted for \$125.00 each plus mileage of 50 cents per mile one-way for each driver.

I. TRACK

A starter(s) for the league track meet will be contracted by the League Commissioner for \$150. Mileage to be paid is \$25 for one driver.

J. VOLLEYBALL

Officials will be paid \$30 for matches for HPL contest. Mileage to be paid is \$25 for one driver.

Officials will be contracted for the League Tournament and paid \$30 per match. The League Commissioner will establish rotation of the officials. Mileage to be paid is \$25 for one driver of each crew.

K. WRESTLING

The host school will be responsible for contacting the area wrestling official supervisor to obtain two officials for the HPL Classic. The officials will be paid \$175 each. Mileage to be paid is \$25 for one driver.

II. JUNIOR HIGH RULES & REGULATIONS

A. ART

Two art judges will be paid \$125 each plus mileage at 50 cents one way.

B. BASKETBALL

Tournament officials will be paid \$30 per game plus mileage at 50 cents one way.

C. CROSS-COUNTRY

Host school is responsible for scheduling and payment of starter for League cross-country meet.

D. MATH

The writer of the test questions will be paid \$250 for creating the math questions for the math contest.

E. MUSIC

Seven music judges will be paid \$125 each plus mileage at 50 cents one way.

F. TRACK

A starter(s) for the league track meet will be contracted by the host school for \$150 plus mileage of 50 cents per mile one way.

G. VOLLEYBALL

Tournament officials will be paid \$25 per game plus mileage at 50 cents one way.

Appendix A

ALL-LEAGUE SELECTION SCHEDULE <u>I. HIGH SCHOOL RULES & REGULATIONS</u>

The following schools are in charge of running the all-league selection meetings.

Cross Country	Wichita County
Football	Syracuse
Volleyball	Lakin
Boys Basketball	Meade
Girls Basketball	Cimarron
Baseball	Lakin
Softball	Sublette
Track	Cimarron
Wrestling	Wichita County

HPL-HS Commissioner's Contract

It is hereby agreed by and between the Hi-Plains League, State of Kansas, and ______ that he/she is hereby employed as league commissioner for the term during the 20__-20___ school year, and he/she shall perform the following services for the Hi-Plains League:

- 1. Use Arbiter to hire officials for regular season games for varsity football, varsity volleyball, varsity boys and girls basketball, and a starter(s) for the varsity league track meet as requested by league schools.
- 2. For varsity football and volleyball, provide a list of officials for the succeeding season and distribute to schools as soon as complete.
- 3. For varsity basketball, provide a list of officials for the succeeding season and distribute to the schools as soon as complete.
- 4. Must be in attendance at the HPL basketball tournament Tuesday through Saturday to oversee officials.
- 5. Schedules for varsity football and the varsity volleyball will be given to the league commissioner as soon as they are available.
- 6. Schedules for basketball will be given to the league commissioner no later than January 15.
- 7. Present to the league a final list of officials and assignments for varsity football and basketball on or before August 15 and November 15 respectively.
- 8. Shall be available for at least three (3) league meetings including the August, November and January meetings
- 9. Shall have on file signed contracts with the officials for contracted dates and individual assignments.
- 10. The HPL Commissioner's contract will be reviewed during the February League meeting of each year. The amount of the contract will be a flat salary of \$4,500 and will be paid in two installments, one in March and the last in December.

Signature, HPL Commissioner

Signature, HPL President

Date

Date

Appendix C - I. HIGH SCHOOL RULES & REGULATIONS

ARTICLE XIII. LEAGUE ROTATION

SCHOOL YEAR	CROSS COUNTRY	VOLLEY- BALL	BASKET- BALL	SCHOLARS BOWL	WRESTLING	MUSIC	FORENSICS	ART	TRACK	GOLF
	COONTIN	DALL	DALL	DOWE						
2015-16	Cimarron	Wichita Co.	Cimarron	Syracuse	Lakin	Sublette	Meade	Sublette	Lakin	Sublette
2016-17	Lakin	Elkhart	Syracuse	Cimarron	Lakin	Sublette	Lakin	Stanton Co.	Syracuse	Sublette
2017-18	Elkhart	Sublette	Elkhart	Stanton Co.	Lakin	Sublette	Stanton Co.	SWH	Cimarron	Sublette
2018-19	SWH	Syracuse	Sublette	Sublette	Lakin	SWH	Cimarron	Elkhart	Stanton Co.	Sublette
2019-20	Syracuse	Cimarron	Wichita Co.	Meade	Lakin	SWH	Wichita Co.	Cimarron	SWH	Sublette
2020-21	Meade	SWH	Lakin	Lakin	Lakin	SWH	Syracuse	Lakin	Meade	Sublette
2021-22	Stanton Co.	Meade	Stanton Co.	Wichita Co.	Lakin	Sublette	SWH	Wichita Co.	Wichita Co.	Sublette
2022-23	Wichita Co.	Stanton Co.	SWH	SWH	Lakin	Sublette	Lakin	Syracuse	Elkhart	Sublette
2023-24	Cimarron	Lakin	Meade	Syracuse	Lakin	Sublette	Meade	Meade	Sublette	Sublette
2024-25	Lakin	Wichita Co.	Syracuse	Cimarron	Lakin	SWH	Stanton Co.	Sublette	SWH	Sublette
2025-26	Elkhart	Elkhart	Cimarron	Stanton Co.	Lakin	SWH	Cimarron	Stanton Co.	Lakin	Sublette

BB – Syracuse always runs the GCCC site Boys Golf – Sublette always hosts at Buffalo Dunes Music – Syracuse never hosts Forensics – Elkhart and Sublette never host

Revised – 9/9/15 HPL Meeting

Wrestling – Lakin always hosts (Wichita County is backup site) Scholars Bowl – Elkhart never hosts Cross Country – Sublette never hosts

YEAR	CROSS	VB	VB	MATH	BB	BB	BB	SCHOLARS	MUSIC	ART	TRACK	SCIENCE
	COUNTRY	PLAY- IN	FINALS	CONTEST	PLAY- IN	SEMI'S	FINALS	BOWL				
2015-16	Cimarron	SWH Stanton Co.	Lakin	Meade	Lakin	SWH	Elkhart	Wichita Co.	Cimarron	Sublette	Elkhart	Sacred Heart
2016-17	Lakin	Sublette Wichita Co.	Meade	Meade	Lakin	Sublette	SWH	SWH	Stanton Co.	Stanton Co.	Sublette	Sacred Heart
2017-18	Elkhart	Lakin S. Heart	Cimarron	Meade	Lakin	Stanton Co.	Sublette	Cimarron	Stanton Co.	SWH	Syracuse	Sacred Heart
2018-19	SWH	Syracuse Meade	Stanton Co.	Meade	Lakin	Meade	Stanton Co.	Stanton Co.	Wichita Co.	Elkhart	Cimarron	Sacred Heart
2019-20	Syracuse	Elkhart Cimarron	Wichita Co.	Meade	Lakin	Wichita Co.	Meade	Sublette	Wichita Co.	Cimarron	Meade	Sacred Heart
2020-21	Meade	SWH Stanton Co.	Elkhart	Meade	Lakin	Syracuse	Wichita Co.	Meade	Elkhart	Lakin	Elkhart	Sacred Heart
2021-22	Stanton Co.	Sublette Wichita Co.	SWH	Meade	Lakin	S. Heart	Syracuse	Lakin	Elkhart	Wichita Co.	Sublette	Sacred Heart
2022-23	Wichita Co.	Lakin S. Heart	Sublette	Meade	Lakin	Cimarron	S. Heart	S. Heart	Lakin	Syracuse	Syracuse	Sacred Heart
2023-24	Cimarron	Syracuse Meade	Sacred Heart	Meade	Lakin	Cimarron	Lakin	Syracuse	Lakin	Meade	Cimarron	Sacred Heart
2024-25	Lakin	Elkhart Cimarron	Syracuse	Meade	Lakin	Elkhart	Cimarron	Wichita Co.	Syracuse	Sublette	Meade	Sacred Heart
2025-26	Elkhart	SWH Stanton Co.	Lakin	Meade	Lakin	SWH	Elkhart	SWH	Syracuse	Stanton Co.	Elkhart	Sacred Heart

II. JUNIOR HIGH RULES & REGULATIONS

Scholar's Bowl – Elkhart never hosts

Track - Meade, Elkhart, Sublette, Syracuse & Cimarron have a rotation

Music – Syracuse never hosts

Math – Meade always hosts Basketball Play – in – Lakin always hosts Cross Country – Sublette and Sacred Heart never hosts

Science – Sacred Heart always hosts

Rotation set at HPL-MS Meeting on 9/9/15

HPL COACH'S CODE OF ETHICS

- I will always attempt to treat other schools, their coaches, players and officials in the manner I would like to be treated.
- I will not use trick plays, misdirection plays or passing plays when a game's outcome has already been determined.
- I will not re-enter starters in an attempt to keep the opponent from scoring when a game's outcome has already been determined.
- I will not play varsity starters in the JV games or extra quarters unless the lack of numbers dictates their participation in order to offer the extra games or quarters.
- I will (show) acknowledge my appreciation for the opposing coach substituting with appropriate substitute strategies of my own.
- I will not utilize half court or full court pressing defenses when a games' outcome has already been determined.
- I will require myself, assistant coaches and players to shake hands with the opponent after games.
- I will refrain from making any negative comments to opposing coaches and/or players after an activity and expect the same from the assistant coaches and/or players.

The HPL is the best league in the state.

Please help us continue this tradition.